



**Driving Solutions**

*Helping you make the right decision*

## **Senior Driver Safety Checkup**

*Answer the following questions as honestly as possible with True or False*

1. I signal and check to the rear when I change lanes.
2. I wear a seat belt
3. I try to stay informed on changes in driving and highway regulations
4. Intersections bother me because there is so much to watch from all directions
5. I find it difficult to decide when to join traffic on a busy interstate highway
6. I think I am slower than I used to be in reacting to dangerous driving situations
7. When I am really upset, I show it in my driving
8. My thoughts wander when I am driving
9. Traffic situations make me angry
10. I get regular eye checks to keep my vision at its sharpest
11. I check with my doctor or pharmacist about the effects of my medications on driving ability.
12. I try to stay abreast of current information on health practices and habits
13. My children, other family members or friends are concerned about my driving ability
14. I have received one or more traffic tickets, warnings, or "discussions" with officers over the past two years. (How many?)
15. How many accidents have you had during the past two years
16. I am aware that in Massachusetts there are new laws about drivers age 75 and older